## Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

## **Listing of Claims:**

- 1. (Currently amended) A vehicle lamp comprising:
- [[A]] a lamp body for holding therein a light source;
- a lens mounted on the front of said lamp body; and
- a carbon-based heating element mounted within said lamp body and apart from said light source and said lens,

wherein heat rays radiated from said heating element irradiate a rear surface of said lens, and

wherein the carbon-based heating element does not interrupt light rays from the light source to the lens.

- 2. (Currently Amended) A vehicle lamp according to claim 1, further comprising a glass tube for sealing therein said carbon-based heating hearting element.
- 3. (Original) A vehicle lamp according to claim 1, wherein said carbon-based heating element contains amorphous carbon and carbon powder dispersed in said amorphous carbon.
- 4. (Original) A vehicle lamp according to claim 3, wherein said carbon-based heating element further contains a metal or metalloid compound.